

Category Standings

S/Men	Name	Club	May (1)	June (2)	July (3)	Total
1	Daniel Bodman	Aberdare	50	48		98
2	Joseph Reardon (U20)	Aberdare	47	49		96
3	Glyn Fletcher	Les Croupiers	46	50		96
4	Simon Lewis (M40)	Ponty Roadents	42	47		89
5	Richard Baker (M45)	Les Croupiers	41	46		87
6	Craig Williams (U20)	Micky Morris	49	-		49
7	Luke Williams	San Domenico	48	-		48
8	Oliver Williams	White Rock Runners	45	-		45
9	Richard Jackson Hooking	Les Croupiers	44	-		44
10	Huw Evans (M45)	Les Croupiers	43	-		43
M40	Name	Club	May (1)	June (2)	July (3)	Total
1	Simon Lewis	Ponty Roadents	50	50		100
2	Mark Horsman	Cardigan RC	49	48		97
3	Vaughan Edwards	Cardiff Harlequins	47	49		96
4	Stuart Crees	Les Croupiers	48	46		94
5	James Manson	Cardiff Triathletes	46	45		91
M45	Name	Club	May (1)	June (2)	July (3)	Total
1	Richard Baker	Les Croupiers	49	50		99
2	Richard Ross	Les Croupiers	48	49		97
3	Phil Cook	Les Croupiers	46	48		94
4	Huw Evans	Les Croupiers	50	-		50
5	Mathew Hurford	Les Croupiers	47	-		47
M50	Name	Club	May (1)	June (2)	July (3)	Total
1	Andrew Blair	Les Croupiers	50	50		100
2	Allen Burrey	Aberdare	48	49		97
3	Dominic Shields	San Domenico	46	48		94
4	Kevin Chalke	Penarth & Dinas	49	-		49
5	Frank Atherton	Penarth & Dinas	47	-		47
M55	Name	Club	May (1)	June (2)	July (3)	Total
1	Jeffrey Cox	Les Croupiers	50	50		100
2	Stephen Farrier	Penarth & Dinas	49	-		49
3	Alan Mason	Les Croupiers	48	-		48
4	David Williams	Les Croupiers	47	-		47
5	John Watson	Cardiff AAC	46	-		46
M60+	Name	Club	May (1)	June (2)	July (3)	Total
1	David Walker	U/A	50	50		100
2	Graham Mack	Merthyr RC	48	48		96
3	Christopher Nellins	Penarth & Dinas	46	49		95
4	Mick McGeoch	Les Croupiers	47	47		94
5	Terry O'Brien	U/A	49	-		49
MU20	Name	Club	May (1)	June (2)	July (3)	Total
1	Joseph Reardon	Aberdare	49	50		99
2	Jake Brook- Smith	Ponty Roadents	48	48		96
3	James Gold	Cardiff AAC	45	47		92
4	Craig Williams	Micky Morris	50	-		50
5	Lloyd Sheppard	Cardiff AAC	47	-		47
6	Ryan Edwards	Cardiff Archers	46	-		46
7	Ben Hooper	U/A	44	-		44
8	Rhys Hardman	Bridgend AC	43	-		43
S/Women	Name	Club	May (1)	June (2)	July (3)	Total
1	Lucy Marland (35)	Cardiff AAC	50	50		100
2	Clair Jacobs (40)	Les Croupiers	47	47		94
3	Bethany Gold (U20)	Cardiff AAC	45	49		94
4	Diane Brownhill (45)	Swansea Harriers	44	48		92
5	Delyth Williams	Sam Domenico	42	46		88
6	Nina Brockelman (45)	3M Gorseinon Runners	43			43
7	Heleen Sharpe (35)	Fife AC / Cardiff AAC	49	-		49
8	Caitlin Peers	CVAC	48	-		48
9	Catherine Baker (40)	Penarth & Dinas	46	-		46
10	Libby Crees (45)	Les Croupiers	41	-		41
11	Ruth Cann (35)	Penarth & Dinas	40			40

Category Standings

W35	Name	Club	May (1)	June (2)	July (3)	Total
1	Lucy Marland	Cardiff AAC	50	50		100
2	Ruth Cann (1)	Penarth & Dinas	48	48		96
3	Jenny Martin (2)	Les Croupiers	47	46		93
4	Marcia Gouveia (3)	Sam Domenico	46	45		91
5	Helen Sharpe	Fife AC / Cardiff AAC	49	-		49
W40	Name	Club	May (1)	June (2)	July (3)	Total
1	Clair Jacobs	Les Croupiers	50	49		99
2	Catherine Baker	Penarth & Dinas	49	-		49
3	Hannah Withers	San Domenico	48	-		48
4	Sarah Patnett	Pegasus	47	-		47
5	Karen Taylor	RVR	46	-		46
W45	Name	Club	May (1)	June (2)	July (3)	Total
1	Diane Brownhill	Swansea Harriers	50	50		100
2	Libby Crees	Les Croupiers	48	48		96
3	Nina Brockelman	3M Gorseinon Runners	49	46		95
4	Gabriella Green	Les Croupiers	46	44		90
5	Wendy Owen	San Domenico	47	-		47
W50	Name	Club	May (1)	June (2)	July (3)	Total
1	Kay Chapman	Cardiff AAC	47	48		95
2	Trudi Morgan	Aberdare Valley	50	-		50
3	Eve Gallop-Evans	Les Croupiers	49	-		49
4	Mandy Barrington	Penarth & Dinas	48	-		48
5	Rachel Hooper	N/A	46	-		46
W55	Name	Club	May (1)	June (2)	July (3)	Total
1	Julie Scholey	Les Croupiers	50	50		100
2	Beverley Warburton	Penarth & Dinas	49	49		98
3	Shirley Hownham	Penarth & Dinas	48	-		48
4	Jane Blethyn	Penarth & Dinas	47	-		47
5	Amanda Thompson	Les Croupiers	46	-		46
6	Helen Lloyd Jones	Pegasus	45	-		45
W60	Name	Club	May (1)	June (2)	July (3)	Total
1	-					0
WU20	Name	Club	May (1)	June (2)	July (3)	Total
1	Bethany Gold	Cardiff AAC	50	49		99
2	Bethan Hardman	Cardiff Archers	49	46		95
3	Bethan Meyrick	Cardiff AAC	48	45		93
4	Caitlin Chapman	Cardiff AAC	47	44		91